

# Introductory Session Overview



Does your work involve contact with people who use Amphetamine Type Stimulants (ATS) such as speed?

## Attendance at the introductory session will:

- Build and improve your knowledge and confidence in relation to ATS
- Improve your brief intervention and referral skills to work effectively with people who use ATS
- Improve your knowledge and understanding of the potential harms associated with ATS use
- Improve your knowledge regarding strategies to work effectively with clients to prevent and reduce harms

## Activity

### Welcome & Introductions

- Acknowledgements
- Housekeeping
- Objectives & background of training

### Types & Forms of ATS

- Brief history and evolution of ATS
- Diverse forms of ATS
- Manufacturing profile of ATS

### ATS in Australia

- Epidemiology of ATS use
- Key national approaches to ATS use
- Prevalence of use across communities
- Relevant state & territory data comparisons

## Session Break

### Patterns of Use

- Who uses & why
- Contexts of use
- Routes of administration

### Drug effects / harms

- Signs & symptoms of ATS use
- Physical & psychological effects & harms
- Overdose prevention and response
- Other impacts (emotional, social, legal)

### Basic Interventions (referral & support)

- Values & attitudes regarding illicit drug use & people who use
- Reducing harms
- Treatment options for ATS use<sup>60</sup>
- Role of frontline services in treatment modalities, including brief interventions & referral

### Project supports available

- Website
- Further resources

## Session Close